Sailing Cadets

campalbemarle.org • 252-726-4848 Rising 2nd – 5th Grade • 1 Week

LOCATION

Camp Albemarle on the Sound
156 Albemarle Drive
Newport, NC 28570

OVERVIEW

Do you love the feeling of the salty breeze in your hair? Does your camper thrive on the water? **Sailing Cadets** offers a thrilling opportunity for campers to dive into the world of sailing, learning hands-on skills that will have them navigating the open waters by the end of the week! Under the guidance of our expert sailing staff, campers will master the basics of sailing with our **Sunfish** and **Topaz Uno Plus** sailboats. From learning how to rig a sailboat to catching the perfect wind, every day on the water will be a new and exciting challenge!

But Sailing Cadets isn't just about the thrill of the open seas—it's also a place for spiritual growth. Campers will connect with God through purposeful, faith-filled activities designed to plant seeds of spiritual development throughout the day. Each morning begins with **Morning Watch**, where campers are given a "seed for thought" to focus on. During **Bible Study**, they'll dive deep into scripture, discovering "living water" that nourishes their faith. At **Vespers**, staff or a local pastor will speak directly on the day's theme, helping campers develop deep roots in their relationship with Christ. The day wraps up with **Devotions**, offering campers a chance to reflect, ask questions, and grow even closer in their faith journey.

When they're not sailing, campers will enjoy a variety of exciting activities that make every day at camp unforgettable. From tackling the **giant swing** and navigating the **low ropes challenge course** to showing off their creativity at **arts and crafts**, or cooling off with a refreshing swim in the pool, there's something for everyone. Campers will also have a blast during **skit night**, letting their creativity and humor shine!

Campers are grouped into **family groups**, typically consisting of 5 boys and 5 girls, led by a male and female counselor. These family groups participate in all activities together, building strong friendships and memories that last long after the week is over. Campers are housed separately by gender in platform tents or pitched tents at off-site locations. Depending on enrollment, some groups may be single-gendered, with all family groups organized by age and cabinmate requests for a fun and comfortable experience.

Sailing Cadets is more than just a camp—it's an exciting journey of adventure, skill-building, and spiritual growth. Campers will leave with new sailing skills, lifelong friendships, and a deeper connection to God, making this week an unforgettable experience on and off the water!

PHYSICAL FITNESS

Swim test; 25 yards without stopping and tread water for 1 minute

SKILLS LEARNED

Basic sailing skills

PACKING LIST

(Please label your belongings)

- ○ Bible, notebook & pen/pencil
- ○ Water bottle with a screw-on lid
- ○ Short sleeved shirts
- ○ Raincoat/poncho or rain gear
- ○ Towels & washcloths
- ○ Pillow
- ○ Sleeping bag
- ○ Sunscreen & insect repellant
- ○ Extra socks
- ○ Swimsuit appropriate for camp (2 if you have them) (female: 1 piece, males; swim trunks, no speedos)
- ○ Pair of water shoes or river sandals (sandals with a heel strap)
- ○ Flashlight or headlamp
- ○ Shorts & long pants
- ○ Long sleeved T-shirt
- ○ Sweatshirt and sweatpants for cool weather
- ○ Personal items (toothbrush/toothpaste, soap, shampoo, deodorant)
- ○ Good sturdy shoes for hiking
- ○ Extra dry clothes
- ○ Pair of athletic shoes
- ○ Clothing that can get dirty
- ○ Plastic bag to put wet clothes in
- ○ Dirty laundry bag
- ○ Hat (if desired)
- ○ Any medications you are taking (must be turned in to Healthcare Staff)
- ○ Beach towel to use at the pool and waterfront
- ○ Something to pack all yout items in (large suitcase/duffle bag, tote or trunk)
- ○ Sleeping foam pad (if desired)

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.

REMINDER: Please keep electronic devices at home – this includes cell phones **(if a camper is found with a cell phone, it will be taken and given back at the end of the camper session)**

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.