Middler Day Adventures

campalbemarle.org • 252-726-4848 Rising 6th – 8th Grade • Monday-Friday, 9-4

LOCATION

Camp Albemarle in the Pines
1201 Sam Hatcher Rd.
Newport, NC 28570

OVERVIEW

Get ready for a summer of thrills and unforgettable memories at **Middler Day Adventures in the Pines**, Camp Albemarle's dynamic day camp on our incredible property! Campers will dive headfirst into an adventure-packed week with exciting activities like the **low ropes challenge course**, **archery**, **arts and crafts**, and **tree climbing**. They'll also develop their outdoor skills with **survival training**, cool off with **swimming**, and even hit the trails for an epic **mountain biking** experience! Each day is designed to bring new excitement, and there's still more to come!

Campers are grouped into **family groups** of 16, led by two dedicated counselors. These groups stay together for every activity, building strong bonds as they tackle challenges and create lasting friendships. Some groups may be single-gender based on registration, and all groups are arranged by age and grade to make sure everyone has the best experience possible.

And you don't have to worry about food—**lunch and snacks are provided**, so campers can stay energized for the action!

But that's not all—Middler Day Adventures is also focused on **spiritual growth**. Every day begins with **Morning Watch**, where campers receive a thought-provoking message to guide them throughout the day. During **Bible Study**, campers dive deeper into scripture, exploring its teachings and strengthening their relationship with Christ. Every activity is an opportunity to grow closer to God while having the adventure of a lifetime.
Join us for a summer filled with **fun**, **faith**, and **new experiences** at **Middler Day Adventures in the Pines**—where every day is an adventure waiting to happen!

PHYSICAL FITNESS

Swim test; 25 yards without stopping and tread water for 1 minute

PACKING LIST

(Please label your belongings)

- Backpack
- Bible, notebook & pen/pencil
- Water bottle with a screw-on lid
- Raincoat/poncho or rain gear
- Towel
- Pair of athletic shoes and water shoes
- Sunscreen & insect repellant
- Swimsuit appropriate for camp (2 if you have them) (female: 1 piece, males; swim trunks, no speedos)
- Hat (if desired)
- Change of clothes
- Any medications you are taking (must be turned in to Healthcare Staff)

REMINDER:
Please keep electronic devices at home – this includes cell phones **(if a camper is found with a cell phone, it will be taken and given back at the end of the camper session)**

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.