Leaders In Training (LIT)

campalbemarle.org • 252-726-4848 Rising 10th – 11th Grade • 3 Weeks

LOCATION

Camp Albemarle on the Sound
156 Albemarle Drive
Newport, NC 28570

OVERVIEW

Get ready for an incredible adventure with our Leaders in Training (LIT) program—the first step in our dynamic leadership journey at Camp Albemarle! This is more than just a camp; it's an exciting, life-changing experience designed to shape young men and women into Christ-centered leaders, both at camp and beyond.

Over the course of three action-packed weeks, LITs will dive deep into Christian leadership, learning how to grow, lead, and make an impact. Week one kicks off with powerful leadership training sessions that will help campers discover and strengthen their unique gifts while overcoming personal challenges. In between, they'll be joining in all the fun camp activities that make Camp Albemarle so unforgettable. And to top it off, the first weekend features an exciting campout in the Pines, where LITs will sharpen their outdoor skills with hikes through local trails.

Week two shifts the focus to serving others, just like Jesus did. LITs will head offsite to make a difference in the community, partnering with organizations like Habitat for Humanity, Hope Mission Ministries, and the Carteret County Animal Shelter. From helping those in need to working on projects right here at camp, LITs will learn that leadership is about service.

As the adventure continues, the second weekend takes LITs on an unforgettable camping trip to Shackleford Banks or Bear Island, where they'll immerse themselves in nature and continue bonding as a team. In the final week, they'll step into leadership roles, shadowing our program staff and putting their newly learned skills into action, guiding activities, and leading by example.

LITs are part of a tight-knit family group, made up of five boys and five girls, led by a male and female counselor. Together, they'll experience every moment of this journey, building strong friendships while staying in cabins or platform tents. Most backcountry gear will be provided, so all you need to bring is your passion for adventure and your desire to grow in faith and leadership.

This is more than camp. This is where young leaders rise.

PHYSICAL FITNESS

- Hiking several miles a day
- Lifting objects
- Carry a 25–35-pound backpack on back
- Swim test; 25 yards without stopping and tread water for 1 minute

PACKING LIST

(Please label your belongings)

- ○ Bible, notebook & pen/pencil
- ○ Water bottle with a screw-on lid
- ○ Short sleeved shirts
- ○ Raincoat/poncho or rain gear
- ○ Towels & washcloths
- ○ Pillow
- ○ Sleeping bag
- ○ A plug in fan
- ○ Sweatshirt and sweatpants for cool weather
- ○ Something to pack all your items in (large suitcase/duffle bag, tote, or trunk)
- ○ Sunscreen & insect repellant
- ○ Extra socks
- ○ Swimsuit appropriate for camp (2 if you have them) (female: 1 piece, males; swim trunks, no speedos)
- ○ Pair of athletic shoes
- ○ Pair of water shoes or river sandals (sandals with a heel strap) for exploring in Bogue Sound
- ○ Flashlight or headlamp
- ○ Shorts & long pants
- ○ Long sleeved T-shirt
- ○ Personal items (toothbrush/toothpaste, soap, shampoo, deodorant)
- ○ Good sturdy shoes for hiking
- ○ Sleeping foam pad (if desired)
- ○ Extra dry clothes
- ○ Clothing that can get dirty
- ○ Plastic bag to put wet clothes in
- ○ Dirty laundry bag
- ○ Hat (if desired)
- ○ Any medications you are taking (must be turned in to Healthcare Staff)
- ○ Beach towel to use at the pool and waterfront

REMINDER: Please keep electronic devices at home – this includes cell phones **(if a camper is found with a cell phone, it will be taken and given back at the end of the camper session)**

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.

Camp Albemarle
Established 1953

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