10 Day

campalbemarle.org • 252-726-4848 Rising 9th – 12th Grade • 10 Days

LOCATION

Camp Albemarle on the Sound
156 Albemarle Drive
Newport, NC 28570

OVERVIEW

Do you love competition, challenges, and the thrill of teamwork? If so, **10 Day Camp** is calling your name! This camp is all about pushing your limits, bonding with your family group, and battling it out in epic challenges to claim the title of **Camp Albemarle's 10 Day Champions**. You and your family group will face off against others in exciting competitions like the **Giant Swing Angry Bird Toss**, **raft building and races**, and many more heart-pounding activities that test your skills and teamwork!

But the adventure doesn't end with competition—**10 Day Camp** is designed to help campers grow spiritually, too. Every day starts with **Morning Watch**, where campers receive a thought-provoking message to guide their reflections. During **Bible Study**, campers will dive into scripture, exploring God's word to deepen their faith. At **Vespers**, a staff member or local pastor will bring the day's theme to life, helping campers build a strong foundation in their relationship with Christ. And **Devotions** provide a special time for campers to ask questions, reflect on their experiences, and grow even further in their spiritual journey.

In addition to the competition and spiritual growth, campers will dive into a variety of exhilarating activities like **sailing**, conquering the **low ropes course**, soaring on the **giant swing**, aiming for the bullseye in **archery**, and creating masterpieces in **arts and crafts**. They'll also enjoy **tree climbing**, swimming in the pool, and showing off their talents during the always-entertaining **skit night**!

Campers are placed in **family groups**, typically consisting of 5 boys and 5 girls, led by both male and female counselors. These groups do everything together—competing, laughing, and creating memories as they tackle the week's adventures. Campers will stay in **platform tents**, separated by gender, and depending on registration numbers, some groups may be single-gendered. Each family group is arranged by camper age, and cabinmate requests to make sure everyone feels comfortable and supported.

With a thrilling mix of **competition**, **adventure**, and **spiritual growth**, **10 Day Camp** is an experience like no other! Campers will leave with new friendships, a deeper faith, and memories that will last a lifetime. Will your family group rise to the challenge and take home the title of Camp Albemarle's 10 Day Champions? There's only one way to find out—get ready for an unforgettable journey!

PHYSICAL FITNESS

Swim test; 25 yards without stopping and tread water for 1 minute

PACKING LIST

Please label your belongings)

- Bible, notebook & pen/pencil
- Water bottle with a screw-on lid
- Short sleeved shirts
- Raincoat/poncho or rain gear
- Towels & washcloths
- Pillow
- Sleeping bag
- A plug in fan
- Sweatshirt and sweatpants for cool weather
- Something to pack all your items in (large suitcase/duffle bag, tote, or trunk)
- Sunscreen & insect repellant
- Extra socks
- Swimsuit appropriate for camp (2 if you have them) (female: 1 piece, males; swim trunks, no speedos)
- Pair of athletic shoes
- Pair of water shoes or river sandals (sandals with a heel strap) for exploring in Bogue Sound
- Flashlight or headlamp
- Shorts & long pants
- Long sleeved T-shirt
- Personal items (toothbrush/toothpaste, soap, shampoo, deodorant)
- Good sturdy shoes for hiking
- Sleeping foam pad (if desired)
- Extra dry clothes
- Clothing that can get dirty
- Plastic bag to put wet clothes in
- Dirty laundry bag
- Hat (if desired)
- Any medications you are taking (must be turned in to Healthcare Staff)
- Beach towel to use at the pool and waterfront

REMINDER: Please keep electronic devices at home – this includes cell phone (**if a camper is found with a cell phone it will be taken by a staff member and kept in the camp office until camper pick-up)**

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.