

Camp Albemarle Site-Specific Challenge Course Certification Overview

What is Site-Specific Certification?

- A certification that qualifies staff to operate and facilitate activities on the specific challenge course at Camp Albemarle.
- Certification is based on the layout, elements, equipment, and safety procedures unique to our course.
- It ensures that facilitators have the knowledge and skills to safely guide campers and participants through activities.

Certification Requirements

1. Minimum Age:

Staff must be at least 18 years old to pursue certification.

2. Training Hours:

- o Must complete a minimum of 20 hours of training on the course.
- Training includes both classroom instruction and practical, hands-on experience with the course elements.

3. Core Training Topics Covered:

- Safety Procedures: Proper use of harnesses, helmets, and other protective gear.
- Course Inspection: How to conduct daily inspections of elements and equipment.
- Facilitation Skills: Techniques for guiding participants, spotting, and encouraging positive group dynamics.
- Emergency Procedures: Response to falls, injuries, and other emergencies.
- Technical Skills: Knot tying, belay techniques, and use of ropes and hardware.
- Participant Briefing: How to give clear instructions and demonstrations.

4. Assessment:

- Includes both written and practical evaluations to test knowledge of safety, equipment, and facilitation. Minimum of 80% grade required on written evaluation.
- Trainees must demonstrate competency in conducting a mock activity safely.

5. Recertification:

- Certification is valid for one year.
- Annual recertification requires a refresher course and an assessment to ensure skills and knowledge are up to date.

Additional Information:

- **Dress Code:** Proper attire for training includes closed-toe shoes, comfortable clothing, and weather-appropriate gear.
- Attendance: Full attendance at all training sessions is mandatory.



• **Supervision Requirements:** Newly certified facilitators may need to work alongside a senior facilitator until they gain enough experience.

Benefits of Certification:

- Gain valuable leadership and technical skills.
- Enhance safety and fun for campers.
- Opportunity to deepen personal growth and build confidence.