



Middler Day Adventures

campalbemarle.org • 252-726-4848

Completed 6th – 8th Grade • Monday-Friday, 9-4



LOCATION

Camp Albemarle in the Pines
145 Eckerd Road
Newport, NC 28570



OVERVIEW

Get ready for a summer of thrills and unforgettable memories at **Middler Day Adventures in the Pines**, Camp Albemarle's dynamic day camp on our incredible property! Campers will dive headfirst into an adventure-packed week with exciting activities like the **low ropes challenge course**, **archery**, **arts and crafts**, and **tree climbing**. They'll also develop their outdoor skills with **survival training**, cool off with **swimming**, and even hit the trails for an epic **mountain biking** experience! Each day is designed to bring new excitement, and there's still more to come!

Campers are grouped into **family groups** of 16, led by two dedicated counselors. These groups stay together for every activity, building strong bonds as they tackle challenges and create lasting friendships. Some groups may be single-gender based on registration, and all groups are arranged by age and grade to make sure everyone has the best experience possible.

And you don't have to worry about food—**lunch and snacks are provided**, so campers can stay energized for the action!

But that's not all—Middler Day Adventures is also focused on **spiritual growth**. Every day begins with **Morning Watch**, where campers receive a thought-provoking message to guide them throughout the day. During **Bible Study**, campers dive deeper into scripture, exploring its teachings and strengthening their relationship with Christ. Every activity is an opportunity to grow closer to God while having the adventure of a lifetime.

Join us for a summer filled with **fun, faith**, and **new experiences** at **Middler Day Adventures in the Pines**—where every day is an adventure waiting to happen!



PHYSICAL FITNESS

Swim test; 25 yards without stopping and tread water for 1 minute



PACKING LIST

(Please label your belongings)

- Backpack
- Bible, notebook & pen/pencil
- Water bottle with a screw-on lid
- Raincoat/poncho or rain gear
- Towel
- Pair of athletic shoes and water shoes
- Sunscreen & insect repellent
- Swimsuit appropriate for camp (2 if you have them) (female: 1 piece, males; swim trunks, no speedos)
- Hat (if desired)
- Change of clothes
- Any medications you are taking (must be turned in to Healthcare Staff)

REMINDER:

Please keep electronic devices at home – this includes cell phones