

## Junior Overnight

campalbemarle.org • 252-726-4848

Completed  $2^{nd} - 5^{th}$  Grade • 1 Week



LOCATION Camp Albemarle on the Sound 156 Albemarle Drive Newport, NC 28570

## OVERVIEW

Are you excited for a week of fun, faith, and adventure at Junior Camp? Here at Camp Albemarle, we aim to ignite spiritual growth in our campers by immersing them in God's beautiful creation and nurturing deep, lasting relationships with Christ.

Our camp programs are designed with intention, offering moments throughout the day to plant spiritual seeds and foster growth. It all starts with **Morning Watch**, where campers are given a "seed for thought" to guide their focus for the day. This theme is further explored during **Bible Study**, where campers dive into God's Word, receiving the "living water" needed to grow spiritually. In the evening, at **Vespers**, one of our staff or a local pastor brings the day's theme to life, building a strong foundation of faith for campers to take home. To wrap it up, **Devotions** offer a time to ask questions, reflect on the day, and deepen their relationship with Christ.

Beyond the spiritual growth, campers will experience a variety of exciting activities! From **sailing** on the Sound to challenging themselves on the **low ropes course** and **giant swing**, there's no shortage of adventure. Campers can also enjoy **archery**, **arts and crafts**, **tree climbing**, **pool time**, and even **skit night** for a little creative fun! (Check out our mock schedule for a glimpse of all the fun.)

Campers are grouped into **family groups**, typically consisting of 5-7 boys and 5-7 girls, with both a male and female counselor leading the way. Each family group participates in activities together, creating a close-knit community. While they are housed separately by gender in cabins, all family groups bond through shared experiences. Depending on registration numbers, some family groups may be single-gendered. Campers are grouped by age and cabinmate requests, ensuring a fun and comfortable experience for all.

The week promises to be an unforgettable adventure full of growth, friendship, and memories that will last a lifetime!



PHYSICAL FITNESS

Swim test; 25 yards without stopping and tread water for 1 minute



PACKING LIST (Please label your belongings)

- Bible, notebook & pen/pencil
- Water bottle with a screw-on lid
- Short sleeved shirts
- Raincoat/poncho or rain gear
- Towels & washcloths
- o Pillow
- Sleeping bag or linens and blanket for a single bed
- Sunscreen & insect repellant
- o Extra socks
- $\circ\,$  Swimsuit appropriate for camp (2 if you have them)
- (female: 1 piece, males; swim trunks, no speedos) • Pair of athletic shoes
- Pair of water shoes or river sandals (sandals with a heel strap) for exploring in Bogue Sound
- o Flashlight or headlamp
- o Shorts & long pants

## o Long sleeved T-shirt

- Sweatshirt and sweatpants for cool weather
- Personal items (toothbrush/toothpaste, soap, shampoo, deodorant)
- $\circ$  Good sturdy shoes
- Sleeping foam pad (if desired)
- Extra dry clothes
- Clothing that can get dirty
- $\circ\,$  Plastic bag to put wet clothes in
- Dirty laundry bag
- $\circ$  Hat (if desired)
- Any medications you are taking (must be turned in to Healthcare Staff)
- $\circ\,$  Beach towel to use at the pool and waterfront
- Something to pack all your items in (large suitcase/duffle bag, tote, or trunk)
- REMINDER: Please keep electronic devices at home – this includes cell phones

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.