



Sailing Cadets

campalbemarle.org • 252-726-4848

Completed 2nd – 5th Grade • 1 Week

OVERVIEW

Do you enjoy the feeling of salty breeze through your hair? Does your camper enjoy boats and salty water? Sailing Cadets provides the opportunity for campers to develop sailing skills through the week. Campers will learn the basics of sailing our Sunfish sail boats in addition to our Topaz Uno Plus sailboats from our best sailing staff.

Sailing Cadet strives to nurture spiritual growth in our campers through interaction with the wonders of God's creation and to foster deep relationships with Christ in our churches, communities, and the world. Our camp programs create purposeful opportunities to plant seeds and have campers grow spiritually throughout the day. At morning watch campers receive a seed for thought, providing them with a focus for the day. Bible study grants living water for campers to seek teachings directly from the bible based upon what was planted earlier that morning. At vespers one of our staff or a local pastor speaks directly on the subject, giving a strong root system for campers to reach further out in their faith. Devotions are opportunities for campers to ask questions and debrief on the day so they may begin to grow further in their faith in Christ.

Adventure campers will enjoy many other activities such as low ropes challenge course, giant swing, archery, arts and crafts, tree climbing, swimming in our pool, skit night, and much more! (See our mock schedule of events.)

Adventure camps are organized in family groups. Each family group typically consists of 5 boys and 5 girls with a male and female counselor. Family groups participate in all activities together and are housed separately by gender in platform tents and pitched tents off site. Depending on registration numbers, some family groups are single-gendered. Family groups are organized by camper age and cabin mate requests.

PHYSICAL FITNESS

- Swim test; 25 yards without stopping and tread water for 1 minute

SKILLS LEARNED

- Basic sailing skills

PACKING LIST

(Please label your belongings)

- Bible, notebook & pen/pencil
- Water bottle with a screw-on lid
- Short sleeved shirts
- Raincoat/poncho or rain gear
- Towels & washcloths
- Pillow
- Sleeping bag
- Sunscreen & insect repellent
- Extra socks
- Swimsuit appropriate for camp (2 if you have them) (female: 1 piece, males; swim trunks, no speedos)
- Pair of athletic shoes
- Pair of water shoes or river sandals (sandals with a heel strap) for exploring in Bogue Sound
- Flashlight or headlamp
- Shorts & long pants
- Long sleeved T-shirt
- Sweatshirt and sweatpants for cool weather
- Personal items (toothbrush/toothpaste, soap, shampoo, deodorant)
- Good sturdy shoes
- Sleeping foam pad (if desired)
- Extra dry clothes
- Clothing that can get dirty
- Plastic bag to put wet clothes in
- Dirty laundry bag
- Hat (if desired)
- Any medications you are taking (must be turned in to Healthcare Staff)
- Beach towel to use at the pool and waterfront

REMINDER:

Please keep electronic devices at home – this includes cell phones

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.