



Leaders In Training (LIT)

campalbemarle.org • 252-726-4848

Completed 10th – 11th Grade • 3 Weeks



OVERVIEW

Our Leaders in Training (LIT) program is the first step in our leadership program at Camp Albemarle. The purpose of our leadership program is to cultivate young men and women with a desire to follow Christ at camp and in their everyday lives. Our LITs will learn what it means to be a learning and developing Christian leadership skills over a three-week period. The first week campers will have leadership training sessions geared towards improving everyone's strengths and overcoming weaknesses. LITs will also be participating in regular camp activities through the week as well. During week two, LITs will be going off site providing community service to local organizations around the Crystal Coast. It is important LITs understand that Jesus came to serve, and they need to lead by His example. Organizations may include, Habitat for Humanity, Hope Mission Ministries, the Carteret County Animal Shelter, some projects on site at Camp Albemarle and many others. Their last week of camp will be a backpacking trip across the Neusiok Trail and Camping out at Shackleford Banks. LITs get the opportunity to put their new skills into actions by being a leader of the day and guide their fellow members through the local forests and across the Island. *Most gear will be provided. *

Leaders In Training are organized in a family group. The family group typically consists of 5 boys and 5 girls with a male and female counselor. Family groups participate in all activities together and are housed separately by gender in cabins or platform tents.



PHYSICAL FITNESS

- Hiking several miles a day
- Lifting objects
- Carry a 25–35-pound backpack on back
- Swim test; 25 yards without stopping and tread water for 1 minute



PACKING LIST

(Please label your belongings)

- Bible, notebook & pen/pencil
- Water bottle with a screw-on lid
- Short sleeved shirts
- Raincoat/poncho or rain gear
- Towels & washcloths
- Pillow
- Sleeping bag or linens and blanket for a single bed
- Sunscreen & insect repellent
- Extra socks
- Swimsuit appropriate for camp (2 if you have them) (female: 1 piece, males; swim trunks, no speedos)
- Pair of athletic shoes
- Pair of water shoes or river sandals (sandals with a heel strap) for exploring in Bogue Sound
- Flashlight or headlamp
- Shorts & long pants
- Long sleeved T-shirt
- Sweatshirt and sweatpants for cool weather
- Personal items (toothbrush/toothpaste, soap, shampoo, deodorant)
- Good sturdy hiking shoes
- Sleeping foam pad (if desired)
- Extra dry clothes
- Clothing that can get dirty
- Plastic bag to put wet clothes in
- Dirty laundry bag
- Hat (if desired)
- Any medications you are taking (must be turned in to Healthcare Staff)
- Beach towel to use at the pool and waterfront
- Backpacking backpack (if desired)

REMINDER:

Please keep electronic devices at home – this includes cell phones

Camp Albemarle is devoted to the safety of every camper, efforts are made to provide safety devices, equipment, procedures, and proper training to all staff. However, as in any outdoor experience, there exists an inherent risk/danger in all camp activities.