



Camp Albemarle Lifeguard Team Job Description

Reports to: Aquatic Coordinator and Director of Summer Camp Ministries

Purpose of Position:

Lifeguard Team staff are responsible for facilitating and monitoring all the pool activities at camp. Lifeguarding includes competence in the knowledge and skills of American Red Cross Lifeguarding. Facilitation schedules rotate daily.

Qualifications:

1. Must have or be able to obtain American Red Cross Lifeguard Certification (Provided before summer staff training weeks)
2. Must have the ability to interact with all age levels.
3. Ability to create and work within a Christian environment so that each camper has the opportunity for spiritual growth.
4. Enjoyment and appreciation of the outdoors
5. Strong interpersonal skills to be able to communicate in a positive manner with campers and staff.
6. Interest in children and significant evidence of emotional maturity, good moral character, judgement, integrity, and leadership capability.

Responsibilities:

1. Attend trainings and weekly staff meetings.
2. Guard family groups at the pool.
3. Provide breaks to Counselors.
4. Practice and enforce all camp safety regulations and emergency procedures.
5. Participate in camp-wide activities and in setup and take down of activities.
6. Abide by all camp policies and covenant agreement.
7. Responsible for the health and well-being of self and campers.
8. Perform all other duties and roles assigned by administrative staff.

Specific Duties:

1. Attend trainings and weekly staff meetings.
 - a. Lifeguard team must attend the Lifeguard team specialized training prior to serving for the summer.
 - b. Lifeguard team must attend the two-week staff training prior to serving for the summer. Make up training is available for some circumstances if the two-week training is missed.
 - c. Staff meetings take place every Friday, as soon as campers depart and camp is cleaned, and on Sunday at 12:30 pm, before campers check-in. Lifeguard Team members must be present and on time to all meetings.



- d. In-service trainings occur throughout the summer. All Lifeguard Team staff are required to attend all in-service trainings and perform at a specified level of competency.
2. Guard family groups at the pool.
 - a. Supervise all groups at the pool so that campers and staff can fully participate in the scheduled activity.
 - b. Be early for guarding all scheduled activities. The pool should be clean and ready by the time indicated on the group's schedule. You may need to begin preparing as much as thirty minutes prior to the scheduled start time to be ready on time.
 - c. Pool time should take up the entire scheduled block right up the group's next scheduled activity except in extenuating circumstances. If you have any questions regarding these circumstances, consult with the Aquatic Coordinator.
3. Provide breaks to Counselors.
 - a. While not facilitating lifeguarding, provide breaks for Counselors.
 - b. Lifeguard Team staff should be with Family Groups (not during facilitation) at least once per day, either giving the Counselor a break time or just hanging out with the group to provide support.
4. Practice and enforce all camp safety regulations and emergency procedures.
 - a. Maintain group control while guarding.
 - b. Refer to the staff manual and Lifeguard Team manual to be sure all safety regulations and emergency procedures are being followed.
5. Participate in camp wide activities.
 - a. Evening activities include Sunday formal swim, Sunday and Thursday vespers, Thursday dances and carnivals, etc.
 - b. Be present and on time for daily activities including morning watch, meals, h-hour (rest hour), etc.
6. Abide by all camp policies and covenant agreement.
 - a. Camp policies are sent out prior to staff training and discussed in detail during staff training. All staff and volunteers are to abide by these policies.
 - b. The covenant agreement is a signed agreement stating your willingness to adhere to camp's policies.
7. Responsible for the health and well-being of self and campers.
 - a. The Lifeguard Team members are responsible for meeting their own personal health and hygiene needs, including taking prescribed medications.
 - b. Within your level of training, care for camper or staff injuries that may take place at the pool, and while you are with Family Groups and not guarding.
 - c. All staff are responsible for assessing and caring for camper mental health needs within their level of training.
8. Perform all other duties and roles assigned by the Aquatic Coordinator, Director of Summer Camp ministries, and administrative staff.
 - a. Staff roles change on a daily and weekly basis. Be flexible!



- b. When assigned to alternative roles refer to their specific job description (Sailing Team, Challenge Team, etc.).
- c. This is a program staff role. Use your down time to support other areas of camp (giving breaks and playing with groups).

Relationships:

The Lifeguard Team has regular interactions with kitchen staff, program staff, the summer leadership team, counselors, administrative and maintenance staff. It is helpful to identify the expectations of those relationships and communicate effectively with these groups of staff members.

Equipment Used:

The Lifeguard Team may be asked to use fire-protection equipment, washers and dryers, dishwashers, and program equipment. They may be asked to drive camp vehicles or watercraft.

Knowledge, Skills, and Abilities:

1. Understand the development needs of young people.
2. Possess the ability to relate to youth and adults in a positive manner.
3. Demonstrate knowledge and skill in program areas and designated camp program areas.

Physical & Interpersonal Aspects of the Job:

1. Ability to communicate and work with groups participating and provide necessary instruction to campers and staff.
2. Ability to observe camper behavior, assess its appropriateness, enforce appropriate safety regulations and emergency procedures, and apply appropriate behavior-management techniques.
3. Ability to observe staff behavior, assess appropriateness, enforce appropriate safety regulations and emergency procedures, and apply appropriate management techniques.
4. Visual and auditory ability to identify and respond to environmental and other hazards related to the activity.
5. Physical ability to respond appropriately to situations requiring first aid. Must be able to assist campers in an emergency and possess strength and endurance required to maintain constant supervision of campers.

Some physical requirements could be: endurance, including prolonged standing, some bending, stooping, walking long distances, hiking, climbing, and stretching; requires eye-hand coordination and manual dexterity to manipulate outdoor equipment and camp activities; requires normal range of hearing and eyesight to record, prepare, and communicate appropriate camper activities/programs and the ability to lift up to 50 pounds; willing to live in a camp setting and work irregular hours with limited or simple equipment and facilities; and with daily exposure to the sun, heat, and animals such as bugs, snakes, and such.